



City of  
**Tega Cay, South Carolina**

7725 Tega Cay Dr.  
Tega Cay, SC 29708

Phone: 803.548.3512  
Fax: 803.548.1400

[www.tegacaysc.gov](http://www.tegacaysc.gov)

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### **Tega Cay Parks & Recreation Best Practices & Guidelines**

Tega Cay Parks & Recreation (TCPR) recognizes the value of team sports as a form of recreation that provides positive impacts on both individual physical health and the social health of our community. Concurrently, TCPR also recognizes the continued need for additional safety and health precautions necessary to impede or prevent the spread of COVID-19. The guidelines set forth in this document were established with the intent to balance the physical and social benefits of team sports with the overall needs for public health and safety. To that end, and as with all other matters concerning COVID-19 the responsibility of slowing or stopping the advance of this disease is a responsibility shared by all, including coaches, umpires/officials, youth sports participants and their parents and/or guardians.

#### ***General Guidelines for Park Visitors***

- TCPR strongly encourages all volunteers, participants, staff and visitors to wash hands as directed by SCDHEC and the CDC or use an alcohol-based hand sanitizer with at least 60% alcohol before, during and after leaving the park.
- TCPR strongly encourages everyone to practice good hygiene and follow the CDC guidelines.
- TCPR will not allow activities that increase the risk of exposure to saliva such as spitting, licking fingers, eating/spitting seeds, and use of chewing gum.
- TCPR strongly encourages all participants/visitors to check their temperature prior to arriving at the park. If participant(s) and/or visitor(s) have an elevated temperature or exhibit any symptoms of COVID-19 they should not attend. Anyone that becomes ill during activity will be required to leave immediately.
- TCPR strongly encourages limiting spectators to immediate family and practice social distancing. TCPR will be removing all bleachers at city owned facilities.
- TCPR strongly encourages all players, coaches and umpires/officials to bring their own water bottles to all team activities.
- TCPR strongly encourages all teams to eliminate postgame snacks.
- TCPR strongly encourages all coaches and umpires/officials to wear face masks during all activities.

#### ***General Guidelines for Youth Sport Participants***

- All mouthpiece requirements are now optional in every sport. If participant opts for use of mouthpiece TCPR strongly encourages participant to keep mouthpiece in their mouth for the duration of the activity.
- TCPR strongly discourages, to the extent possible, the sharing of equipment. If equipment is shared, it should be disinfected between uses.



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- All postgame handshakes will be removed. Following the conclusion of each game participants will still demonstrate sportsmanship with some form of wave, “tip of the cap” or bow to the opposing team.
- No handshakes, high fives or fist bumps before, during, or after the game. Players should refrain from any unnecessary physical contact with teammates, opposing players, coaches, umpires/officials and fans.

***Guidelines for Baseball and Softball***

- Dugouts are limited to up to (3) coaches and coaches’ children, except for coach pitch (4). All other participants must sit with a supervised adult from their household.
- The home plate umpire will be located behind the pitcher’s mound.

***Guidelines for Flag Football***

- TCPR strongly encourages all participants to wear football gloves.
- The defensive player, after pulling the flag ending the play, must place the flag on the ground. The offensive player will be required to pick up his/her own flag.
- TCPR strongly discourages huddles when possible, if huddles do take place teams must utilize modified huddles with distancing applied.
- There will be a reduction of players on the field.
- All players on the sideline are to practice social distancing from teammates.

***Guidelines for Soccer***

- All throw-ins have been removed. To resume play a free kick will be taken from the spot of the out of bounds.
- All players on the sideline are to practice social distancing from teammates.

***Disclaimer***

The information provided in this document for general informational purposes and to help you make informed decisions. Notwithstanding any and all Federal and State requirements, resuming activities are at your own discretion.

Although all information in this document is provided in good faith, we make no representation or warranty of any kind, express or implied, regarding the adequacy or completeness of these guidelines.

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